

## CROMFORD WALK 10 JUNE, 2019

- **Transport:** 10:03 Cross Country Train from New St. to Derby (usually Plat. 9A) then 10:52 train to Cromford (usually Plat. 4A) where it arrives at 11:19. Fare £20:55 (£13:55 with Senior Railcard) **Off-Peak Day Return** – purchase your ticket in advance as you will then get a reserved seat. If driving go to the **Arkwright Mill** in Mill Street where there is Pay & Display parking (£4 for 5 hours) and meet us at the café.
- **Mid-morning Break:** The rail passengers will walk down from the station to the Arkwright Mill café for mid-morning refreshments and toilet stop before the walk.
- **Walk:** The walk passes around the millpond (Scarthin) in the centre of Cromford village before making its way up thru ginnels, tracks and woods to the High Peak trail (this is a climb of **220m** but the views are worth the effort!). We will take a short break and those who want to visit the Black Rocks will ascend the path then descend to meet those who remained behind. We walk along the trail until we reach Sheep Pasture and then descend the incline to the Cromford Canal. We walk along the towpath back to Cromford. Distance 5 miles, no stiles, 220m elevation.
- **Lunch** (about 2:30pm): On returning to Cromford those with a packed lunch can sit at the canal basin before returning to the station (trains to Derby are at :42 minutes past the hour), have a light lunch at the Arkwright Mill café across the road or return to the village for a pub lunch at the Boat Inn (walker friendly, great home cooked foods, marvellous beers and garden overlooking Scarthin). If you want to do the latter please advise Iain by Sat. 8<sup>th</sup> so I can book a table. (Last train 21:46!)

